

## A Dream Home for Rare Disease Families

The year 2009 marks the 10th anniversary of Taiwan Foundation for Rare Disorders (TFRD). At the time, the founders, Ms. Serena Wu and Prof. Min-Chien Tseng, were pondering and discussing the contents of anniversary publication. "TFRD is about to enter the 2nd decade, and we have to formulate new vision and objectives that are forward-looking." Rich in experience fulfilled by years of serving rare disease families, TFRD is well aware that aside from medical needs most families suffer from great physical and mental stress. They have to find ways to get relieved and strengthen their will to face difficulties posed by diseases. Rare disease families, like regular families, wish to lead a normal life as much as possible and get involved in social events. In turn, TFRD has to set up a service center that offers thorough and extensive services.

After a few years of search and evaluation, TFRD has found a farmland of 4.6 acres located one-hour drive from Taipei. We wish to establish the Welfare Home, a fully integrated service center tailor-made for rare disease families. The center is to provide various programs that release patients and caregivers from their daily routine. They can relax, participate in activities and interact with one another. Also TFRD is to offer innovative programs on site such as psychological counseling, farming, horticultural therapy, baking and cooking, etc. All is to let rare disease families store up some energy and courage to confront the trials of life.



Ms. Wu & Prof. Tseng

## Looking Forward to Your Support & Assistance



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# Dream of Love & Hope

## In Preparation For Construction of

# WELFARE HOME



## Scope of Services

Welfare Home is a farm-based service center for rare disease families that incorporates farming, retreat, healing, rehabilitation, counseling, respite and social education. Rare disease families can relax, participate in various activities, interact with one another and receive assistance from therapists, psychological counselors and social workers. Also it will become a place where all rare disease families in Taiwan can meet and enjoy what nature has to offer in a spacious setting.



## Featuring Programs

### Fitness/Rehab Room



Equipped with professional fitness /rehab facilities, the room is designed for patients of different levels of disabilities, with trainers and therapists on hand. Caregivers can also take advantage of the facilities to exercise and alleviate stress.

### Counseling Room/Healing Garden

Faced with the impact resulted from rare diseases, these families need to be in a safe and uninterrupted environment for psychological counseling. Individual and family sessions will be provided. Also a well-planned healing garden is a perfect venue for horticultural therapy.



### Nutrition/Baking Room



Some rare disease patients need special dietary care, including low-protein diet, high-calorie tube feeding or foods that promote immunity. The room is a venue for dietetic therapy, providing rare disease families with hands-on information on food safety and nutrition management.

### Horticulture Studio/Barrier-free Farm

Watching plants grow is healing. Horticulture Studio is to let rare disease families take part in horticultural courses/activities. They can also get close to the soil by farming and enjoy what a barrier-free farm can offer.



### Greenhouse/Lounge



Greenhouse is a place where small potted plants are available for viewing and working. The plants will be featured products for sale of Welfare Home. At the corner of Greenhouse, there will be a lounge where rare disease families can rest and interact with one another.

### Welfare Bathroom

Wheelchair users and patients who are bedridden usually find a good bath hard to realize at home due to the lack of space and assistive technology. Welfare Bathroom is to have barrier-free and well-thought-out bathroom facilities. With the help of assistive technology, caregivers can accompany patients to enjoy taking bath at ease.



### Genetics Room/Social Education



Rare disorders are mainly caused by genetic defects. To raise public awareness about rare diseases, Genetics Room is to house various materials of life education and popular science, which will be presented in a lively manner.